



Central Georgia EMC

A Touchstone Energy®
Cooperative 

News & Views

Reliability, convenience, and value are our commitments to you

www.cgemc.com

January 2019

Why Attend the 2019 Washington Youth Tour?

In 2019, Central Georgia EMC will sponsor two exceptional student delegates to attend the Washington Youth Tour (WYT), a trip of a lifetime! Washington, D.C., is rich in history, and the tour is your opportunity to discover what the American flag stands for, build quality leadership skills, and make lifelong friendships!

Washington Youth Tour is:

FUN

Fast-paced days are spent touring the major attractions in D.C., featuring science, art, history, space, and American culture. Boredom is not an option on this trip!

FRIENDS

You will make new friends from across Georgia. Many of these friendships last a lifetime!

FOCUSED

The tour kicks off with team-building and leadership skills development, a theme that continues throughout the week. You may decide to apply to represent Georgia on the prestigious National Youth Leadership Council, where the chosen state delegate returns to D.C. in July for a leadership workshop.

FUTURE

Youth Tour delegates stand out on college, tuition, and job applications. Your unique connection with the electric co-op community puts you in a great position to learn about scholarships, internships, and jobs offered through this network.

FREE

Central Georgia EMC, Georgia EMC, and other sponsors completely cover the cost of the Washington Youth Tour. This includes your airfare, hotels, meals, and attractions.



Daizha Outlaw, 2018 WYT Delegate:

“On the Washington Youth Tour, I learned that no matter what you want to do, you can achieve it. Seeing all the rich and diverse history in this country made me realize that I possess the power to create my own story. My advice to 2019 applicants is to take the chance and apply! This is a life-changing trip. Seize the opportunity, take pictures, see the sights, and live in the moment. I would take this trip 1,000 times over if I could. So, apply today!”

Washington Youth Tour Continued

Washington Youth Tour 2019 Tentative Itinerary

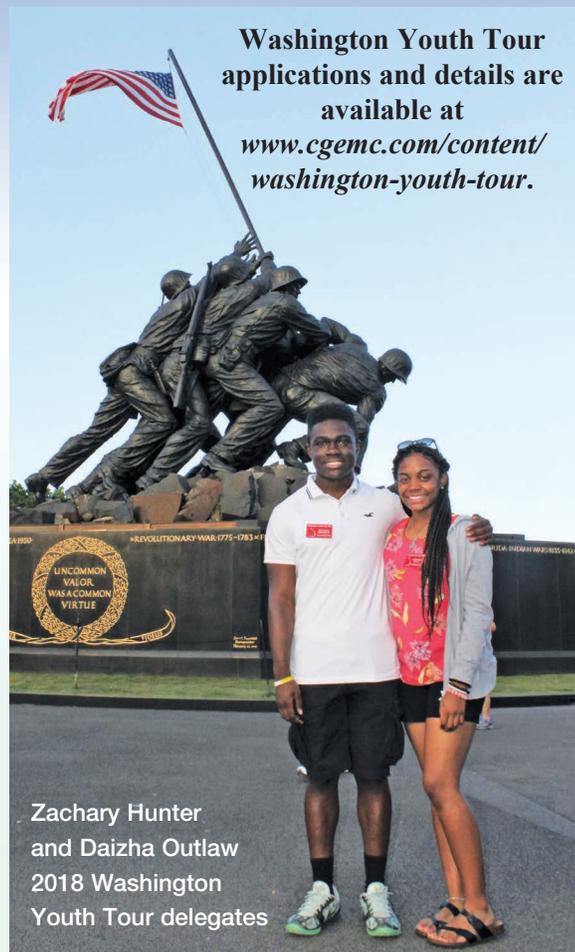
- **June 13:** Kickoff banquet, Atlanta
- **June 14:** Team-building activities; flight to Washington, D.C.

Dates TBD for the following activities

- Tour and lunch at Mount Vernon; dinner at Union Station; evening guided tour of memorials, including World War II, Martin Luther King Jr., Franklin D. Roosevelt, and Thomas Jefferson; photo op at White House
- Guided tour of Lincoln, Korean War, and Vietnam Veterans memorials; guided tour of Arlington National Cemetery; lunch at the Kennedy Center; dinner performance of "Grease" at Toby's Dinner Theatre in Columbia, Md.
- All-states assembly; tour Smithsonian Institution museums; U.S. Archives; dinner in Old Town Alexandria, Va.; cruise on Potomac River
- Tour Supreme Court, Newseum, and Washington National Cathedral; Sunset Parade at U.S. Marine Corps War Memorial (Iwo Jima statue)
- Meet with Georgia's congressional delegation; tour U.S. Capitol and visit House and Senate galleries; all-states farewell event
- **June 20:** Return flight to Atlanta

Note: Itinerary subject to change

Deadline for application is Friday, February 8, 2019



Washington Youth Tour applications and details are available at www.cgemc.com/content/washington-youth-tour.

Zachary Hunter and Daizha Outlaw
2018 Washington Youth Tour delegates

Walter G. Harrison Scholarship Applications Available



As part of our commitment to the communities we serve, CGEMC is invested in the educational future of our customer-owners. Each year, we offer the prestigious Walter G. Harrison Scholarship through Georgia EMC for students enrolled or enrolling in college. Eleven \$1,000 scholarships will be awarded statewide in 2019. Qualifications and applications are available on our website at www.cgemc.com/content/walter-g-harrison-scholarship.

Applications for 2019 are due by Friday, February 1, 2019.



Winter is Coming!



Visit our Energy Resource Center to learn where your winter energy dollars are going. The self-guided advisor tool will provide you with estimates of energy use costs based on your inputs and will present energy-saving scenarios to pinpoint your opportunities for savings. Visit www.cgemc.com under the energy solutions tab to start your free analysis.

Self-service Payment Options

A free benefit for our customer-owners



Download and use our Mobile App to access your account and make payments on the go.



AutoPay allows you to use our Mobile App or Customer Portal to set up recurring automatic payments.



With credit card draft, your bill is automatically paid with your credit or debit card on the day your statement is mailed.



With bank draft, your bill is automatically drafted from your bank account on the Tuesday after your bill date.



Pay online at www.cgemc.com using our Customer Portal.



Text-to-Connect - Text **JOIN** to **352667** from the mobile phone number listed on your account. Text **PAY** to use one of your pre-saved payment methods.



Call 770-775-7857 and select option 2 for our 24 hour automated payment system.



Pay by mail

Payment locations



923 S. Mulberry Street
Jackson, GA. 30233

Pay in the office at our 24-hour payment kiosk, located in the front lobby. Our front desk is available during office hours.



1535 Bass Road, Macon
5980 Zebulon Road,
Macon

When paying at these locations, be sure that you have your billing statement. Bank locations will accept payment for current bills only.



141 Green Street
Monticello

Central Georgia EMC Disburses Capital Credit Checks

The Board of Directors of Central Georgia EMC announced a capital credit refund to electric consumers who received service during 2000-2001. The refund checks were mailed to customer-owners on December 7, 2018.

The total amount of this refund was \$2,454,271.93, which represents the remaining margins for 2000 and a majority of 2001. The margins are used as capital until they can be returned through a general refund without impairing the cooperative's financial condition. Capital credits are a benefit of your membership.

Thank you for your patronage.



Co-op Connections Deals

Co-op Connections® Card



Central Georgia EMC
Your Touchstone Energy®
Cooperative



Bulldog Gym

No enrollment fee for all prepaid memberships.

**533 Venture Court, Monticello,
706-418-5901**

FitCo Health Club

\$0 key fee/sign-up fee.

**833 Patrol Road, Forsyth,
478-993-2202**

Get Set Grow Race Productions

10% off race registration.

*www.getsetgrow.com
678-492-9939*

Capoeira Maculele McDonough

1 month of free classes.

**262 Macon Street, McDonough,
678-392-6658**

Southmetro Chiropractic Day Spa and Tanning

10% off monthly tanning membership.

**791 A Highway 36, Suite 103,
Jackson, 470-251-5363**

Sweet Impressions Massage Therapy

\$35 for 60-minute full-body massage.

**4917 High Falls Road, Suite 201,
Jackson, 404-918-8313**

TotalFit Lifestyle

Three free sessions, 20% off corporate wellness program.

**1069 Meredith Park Drive,
McDonough, 678-782-7117**

A complete list of local deals can be found under the Co-op Connections tab at www.cgemc.com



Central Georgia EMC
Community Partners

24 hours a day, 365 days a year
770-775-7857 • 1-800-222-4877
923 S. Mulberry Street
Jackson, GA 30233
www.cgemc.com

Report an Outage

770-775-7857
1-800-222-4877

Office Hours

8 a.m. – 5 p.m.
Monday – Friday

Closed

Saturday, Sunday, and Posted Holidays

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Central Georgia EMC is an equal opportunity provider and employer.

News & Views is published and distributed monthly to all members and customers of Central Georgia EMC.



A Touchstone Energy® Cooperative



WINTER ENERGY SAVING TIPS

LEDs. Next time a lightbulb burns out, replace it with an LED. They are typically 4 to 5 times more efficient and last for years.

Window shades. Your heating bill will be lower in the winter and your air-conditioning costs will drop in the summer if you use blinds or curtains on windows. Uncover them on sunny winter days to let the natural warmth come in, and close them after dark when the temperature dips.

Programmable thermostat. Everyone forgets to lower the heat once in a while. A programmable thermostat will do it for you. Program yours to lower at bedtime, and then automatically warm the house up just before everyone wakes up. It can lower the heat again once everyone leaves for school and work in the morning and turn it back up before the family gets home in the afternoon.

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Recipe of the Month



Baked Spaghetti

From the kitchen of Keith Morris



Ingredients:

- 1 1/2 pounds ground beef, browned and drained
- 16 ounces spaghetti noodles, cooked as directed on package
- 1 large can crushed tomatoes
- 1 regular can tomato sauce
- 1 small can tomato paste
- 1 cup chopped green pepper
- 1 cup chopped onion
- 2 teaspoons dried oregano
- 2 tablespoon butter
- 2 cups shredded mozzarella cheese
- 2 cups shredded cheddar cheese
- Parmesan cheese
- 1 can cream of mushroom soup
- 1/4 cup water

Instructions:

Preheat oven to 350. Sauté peppers, onions, and mushrooms in butter. Add cooked ground beef, tomatoes, and oregano. In a greased 9-by-13-inch baking dish, layer half the noodles, spoon half the beef mixture on top, sprinkle with mozzarella and cheddar cheese. Repeat layers. Mix together soup and water. Pour over top of layers, then sprinkle with parmesan cheese. Bake at 350 degrees for 30 to 35 minutes.